



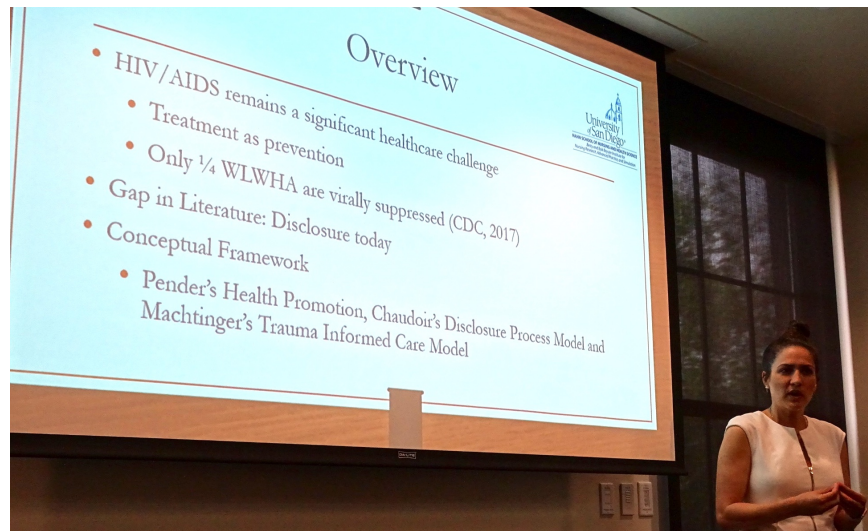
Our ARCS Spring field trip May 5, 2017 to the USD Hahn School of Nursing and Health Science included a fabulous tour of the Beyster Institute for Nursing Research — completed and dedicated in 2016. This Spanish Colonial architectural gem helped USD gain recognition as “the most beautiful urban campus in the United States.” Betty Beyster, a longtime ARCS member was instrumental in making this facility possible.



Our morning began with a brunch reception in the Krause Library where we greeted one another and enjoyed its gracious ambiance. We were then taken to a conference room where Dr. Roth, Professor and Director of the School of Nursing, introduced us to some of the Graduate School of Nursing staff and provided an overview of the Beyster Institute.

Two ARCS recipients shared their research. Dr. Carolyn Etland, alumna of USD and ARCS scholar, is the director of education, research and professional practice at Sharp Chula Vista

Medical Center. She spoke about the need to engage in advanced planning and having a



Physician Orders for Life-Sustaining Treatment (POLST) document.

Monique Linebacker, 2017 USD graduate and ARCS scholar gave us a brief summary of her research with lower income families in San Diego. Both women expressed their appreciation for the financial help they received from ARCS over the years.

A tour of the clinical settings and state-of-the-art laboratory simulations saw us learning from two master's level students who demonstrated the capabilities of the computerized mannequins as we wandered through the classrooms and labs. One can see why the students graduating from this program are so sought after!



During our tour, Dr. Ann Mayo, Dr. Cynthia Connelly, Dr. Cheryl Butera, and Dr. Jackie Close shared highlights of their research and work with graduate students. Twenty-four ARCS members and their guests had most of the facility to ourselves as it was the end of the semester.

Dr. Mayo showed us her intriguing clinical laboratory which looks and feels like a real urban apartment, but one laden with sensors and hidden cameras. She and her research assistants observe elderly people perform activities of daily living, such as cooking, making a bed, putting on shoes, etc. as a test for one's capability for independent living.

Following our tour and demonstrations, we boarded our shuttle bus for lunch at La Gran Terraza, a beautiful, new restaurant on campus, which is open to the public. Some took advantage of the Mexican buffet, where we bumped elbows with students whose plates were piled high with carnitas, carne asada, pollo adobada, fajitas, salad, etc. Remember those college days when students took advantage of the "all you care to eat" philosophy? Even those who ordered off the menu were pleased with the preparation and proportions. We will be back!



Special thanks to Carol Scimone, Executive Assistant to the Hahn School of Nursing and Dr. Patricia Roth, Director of the Hahn School of Nursing for their work over the months in preparing for our visit. We were given briefcases, pens and memory sticks with the USD School of Nursing logo as gifts. It was a wonderful way to spend Cinco de Mayo with the USD staff and our ARCS friends.